

## **Kashi Trail Mix**

Asst Scoutmaster John Fuda

- 1 cup Kashi Crunch
- 1 cup Yogurt Covered raisins
- 1 cup Craisins
- 1 cup Peanuts or Almonds (Optional)
- 1 cup Chocolate Chips
- 1/4 cup Sunflower Seeds (no shells)
- 1/4 Mini Marshmallows

Mix together – Enjoy

**Serving size = 1/2 cup**

# of Servings = 10 or 11 per recipe